



Wheeler
Center of Excellence

**CHILD &
ADOLESCENT**

Children's Outpatient Services

STRENGTHENING A CHILD'S FOUNDATION FOR LIFE.

We help children, adolescents and families develop skills and coping strategies they can use for a lifetime. Wheeler's Children's Outpatient Services address behavioral health challenges related to childhood, adolescence, working with clients and caregivers to establish treatment goals specifically related to individualized needs. Clinicians on our team deliver gender-specific, trauma-informed and a person-centered approach to care through individual and family therapy, targeted group therapy, medication management and integrated care coordination with all identified resources for the child. Wheeler provides state-of-the-art, evidence-based practices such as Trauma Focused Cognitive Behavioral Therapy (TF-CBT) and Dialectical Behavior Therapy (DBT) and specialized treatment for individuals facing challenges with anxiety, depression, substance abuse, or who may be victims of sexual abuse, or exhibit problem sexual behaviors and self-harming behaviors.

TREATMENT HELPS INDIVIDUALS AND FAMILIES:

- Break the stigma of mental health challenges
- Stop or reduce substance abuse
- Find hope
- Enhance skills to cope with anxiety and depression
- Improve family relationships
- Improve school functioning
- Prevent further involvement with the court or child protective services

For information regarding services or locations, call our Navigation Center at 888.793.3500.

Locations

One Hope Street
Bristol, CT 06010

43 Woodland Street
Hartford, CT 06105

40 Hart Street
New Britain, CT 06052

91 Northwest Drive
Plainville, CT 06062

855 Lakewood Road
Waterbury, CT 06704

Walk-in services

Walk-in assessments are available, except Bristol.

Payment Options

In most circumstances, Medicaid, private insurance or third-party payer covers service cost. A sliding fee scale, based on an individual's or family's ability to pay, is also offered.

Funding Sources

Private Insurance, Connecticut Department of Children and Families, State of Connecticut Judicial Branch, Court Support Services Division, United Way of West Central Connecticut

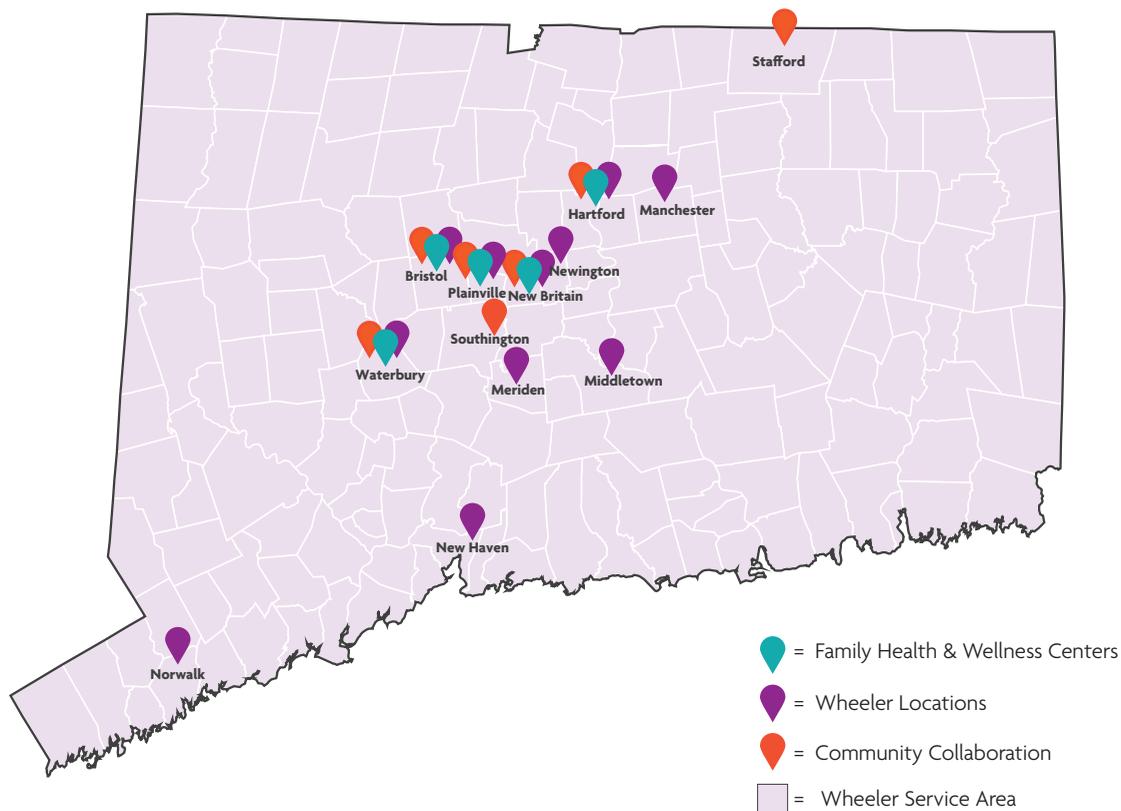
ABOUT WHEELER

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 30,000 individuals across Connecticut each year.

WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler Health, please call 888.793.3500 or visit WheelerHealth.org

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.



Revised 08.12.24