

# Youth and Family TREE

Offered at the Susan Walkama Family Health & Wellness Center  
43 Woodland Street, Hartford, CT

**Helping Transition-Age Youth (ages 16-25) and their families live healthier, productive lives.**

For teens and young adults, finding the path to a healthy life can be challenging, even in the best of circumstances. For young people struggling with substance misuse or other life challenges—particularly as they are transitioning to adulthood—finding that path can prove even more difficult. Wheeler's Youth and Family TREE program can help by supporting teens and young adults, ages 16 to 25, and their families, as well as community providers who care for them.

## **We identify needs and provide linkages to care so that teens and young adults can stay in treatment, and ultimately, thrive.**

We work with teens and young adults to identify substance misuse or related risks for that youth and their family members, and we provide recovery supports and education to reduce risk. We also work with youth and families to determine other unmet needs such as transportation, shelter, food, clothing, medical or child care, or insurance and financial assistance, and any other issues that might interfere with treatment.

### **We provide:**

- Education for teens and young adults about the dangers of substance misuse and resources for prevention, intervention, and recovery support.
- Substance Misuse and Risk Screening for all 16-25 year olds seen at the Susan Walkama Family Health & Wellness Center at 43 Woodland Street, regardless of primary services being received (medical or behavioral health).
- Behavioral health outpatient services designed to meet the needs of teens and young adults.
- Connection to recovery supports and resources that will promote wellbeing and support for family members, including parents, partners, siblings, and children; to identify their support needs to help them facilitate the young person's sustained recovery.



**For information or  
referrals, contact:  
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Assistant Project Manager**

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Wheeler | Family Health  
& Wellness Center

Want to complete your substance use treatment but other needs are getting in the way?

Are you between the ages of 16-25?

# WE CAN HELP!

Let our Recovery Support Coordinators connect you with the following resources:

Emergency Shelter/Housing Options

Food/Clothing

Employment

Transportation

Education

Medical Needs/Insurance

Financial Resources

**To get started, contact:**

**Francisco Garay**

**Bilingual Recovery Support Coordinator**

Cell: 860-384-4051

[fgaray@wheelerclinic.org](mailto:fgaray@wheelerclinic.org)

**Felix Laboy**

**Bilingual Family Coordinator/Recovery Support Supervisor**

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Revised 02.06.24