

COMMUNITY | HEALTH | CARE



# C-KIN: CT's Kinship Navigator Program

#### PARTNERING TO RAISE RESILIENT CHILDREN.

#### Why Kinship Navigation?

ConnectiKIN (C-KIN) provides connections, supports, and resources needed to raise resilient children who thrive. Kinship caregivers provide comfort, familiarity, and stability when a child needs it most. It's a vital, challenging role to help ensure caregivers can access resources and services they need to succeed.

#### What Does C-KIN do?

Kinship Navigators take direction from caregivers, based on their needs, and offer support without interfering in how children are raised. Kinship Navigators offer:

- Access to public and private resources that can help with essential needs, including guidance in finding child care; resources and donations for diapers, clothing, and food.

- Support with accessing financial assistance as well as access to physical and mental health services and navigating the educational system.

- Support with finding community resources, including connection with legal assistance.

- Navigating the child welfare system, for example, links with other kinship caregivers for peer support.

#### **VOLUNTARY & FLEXIBLE**

Caregivers choose the amount of support they receive, ranging from no support, information only (brief/short term), to a more hands-on partnership with ongoing, interactions.

#### UNDERSTANDING

Caregivers are connected to dedicated Kinship Navigators who are empathetic, family-focused, strengths-based and knowledgeable about: - Self-Care

- Permanency and Reunification
- DCF / Foster Care Licensing
- Referrals to Community Services Grief and Loss
- Family Dynamics and Role Changes
- Traumatized Children
- Intergenerational Trauma
- Stress Management
- Parenting Techniques and Attachment
- Addiction and Recovery
- Intimate Partner Violence

## Serving families in: Avon, Berlin, Bristol, Burlington, Canton, Farmington, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Southington, Wethersfield, Meriden, Cheshire, and Wallingford.

#### Your Starting Point

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#### Location

74 East Street Plainville, CT 06062

#### **Funding Source**

Connecticut Department of Children and Families

#### INDIVIDUALIZED

Kinship Navigators assess caregiver and children's needs together with families to create customized goals and support plans.

#### **Our Visual Identity**

Our visual identity portrays two hearts joining together and forming a home. It represents the essential relationships we form every day and our core belief in the power and resilience of family. The two hearts can stand for the connection between CKIN and families, families and children or biological families and the extended family or friends who help them.

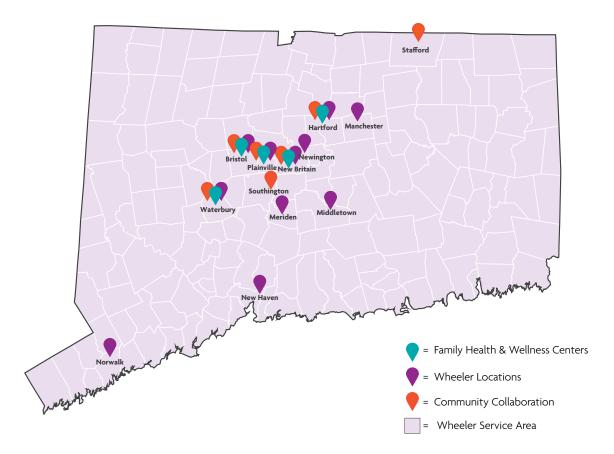


### ABOUT WHEELER

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 30,000 individuals across Connecticut each year.

## WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.



## SERVING OUR COMMUNITIES ACROSS CONNECTICUT:

## For more information about Wheeler please call 888.793.3500 or visit WheelerHealth.org



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Revised 10.31.23