

**AUTHENTIC PARTNERSHIP. AFFIRMING CARE.** 







## GENDER EXPLORATION GROUP FOR AGES 18-35

## **ALL GENDERS WELCOME**

THIS GROUP IS OPEN TO ADULTS
SEEKING SKILLS AND
SUPPORT IN NAVIGATING
GENDER IDENTITY AND EXPRESSION
MONDAYS starting 3/6/2023
4:00 - 5:00PM

## 855 Lakewood Rd, Waterbury

For more information, contact:

Bliss Kern
Blkern@wheelerclinic.org 203-802-3908

Lisa Paolini Ldpaolini@wheelerclinic.org 203-802-3925

Curriculum adapted from *The Queer and Trans Resilience*Workbook: Skills for Navigating Sexual Orientation and Gender
Expression by Anneliese Singh, PhD, LPC