



Wheeler

Innovative Care. Positive Change.

Parenting Education Program

EASING TRANSITIONS FOR PARENTS AND FAMILIES.

Life's transitions can be challenging, especially ones involving divorce or separation. Wheeler Clinic's Parenting Education Program (PEP) is designed for parents with active divorce, separation or custody cases in the Family Division of the Connecticut court system. The program educates parents about the many issues children face when the structure of the family changes. Wheeler Clinic has provided PEP services since the courts launched the program in 1995, serving more than 5,000 individuals.

The program consists of two, three-hour sessions. Session I helps parents develop effective co-parenting skills during each of the child's developmental stages. Session II emphasizes problem-solving skills, planning parenting time and strategies for encouraging resilience in their child or children. Each session incorporates exercises and discussions designed to help parents practice effective co-parenting skills.

Classes are currently available through telehealth services.

OUR OUTCOMES

Since its inception, this program has:

- Decreased the negative impact that divorce, separation and conflict can have on children
- Increased parents' ability to effectively co-parent
- Helped parents build conflict resolution and co-parenting skills

THIS PROGRAM IS OFFERED IN:

Plainville and Waterbury.

Individuals in this program are court-referred.

For information about programs in Plainville, call 860.929.7733.

For information about our program in Waterbury, call 203.597.1906.

Payment in full is due prior to taking the class. We encourage you to pay online at: <https://www.wheelerclinic.org/patients/payment>. In-person payment is available at the front desks of our Health & Wellness Centers in New Britain, Waterbury, and Hartford.

Locations
334 Farmington Avenue
Plainville, CT 06062

326 Highland Avenue
Waterbury, CT 06708

Main Office/Mailing Address
91 Northwest Drive
Plainville, CT 06062



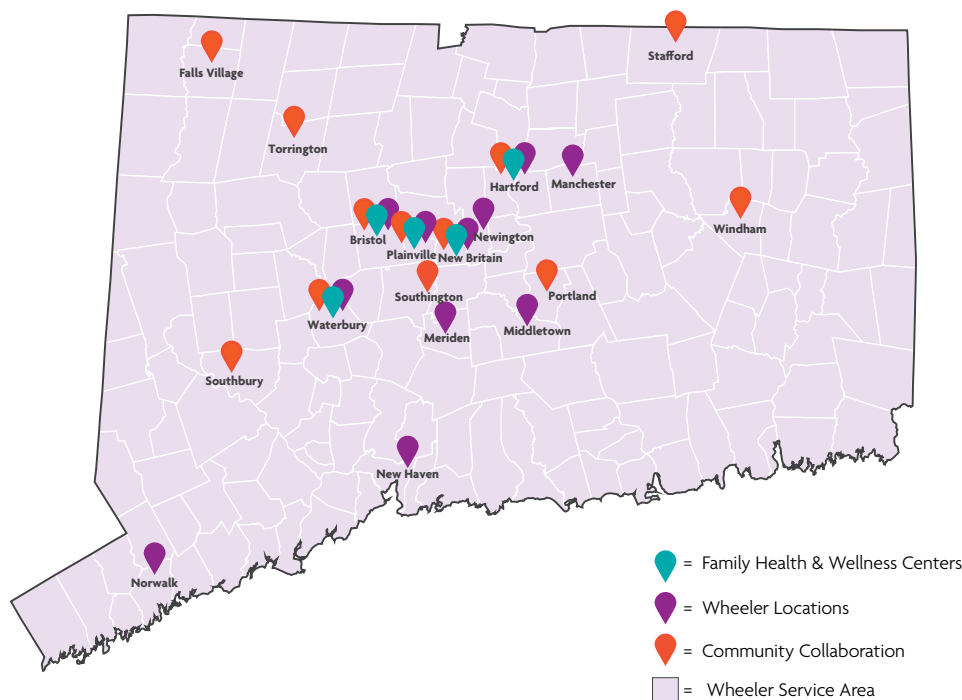
ABOUT WHEELER CLINIC

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 30,000 individuals across Connecticut each year.

WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler Clinic, please call 888.793.3500 or visit WheelerClinic.org

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.



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