



# Wheeler

WHEELER CLINIC  
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## Middletown Area Basic Needs Resources

Prepared by: Wheeler Clinic Middletown AIC program

### Get Help Now



For 24-hour information & referral  
dial 2-1-1 or visit [www.211.ct.org](http://www.211.ct.org)

Help is never more than one phone call away. To simplify the process of getting help, United Way and the State of Connecticut support a free, statewide helpline.

2-1-1 is an easy-to-remember 3-digit toll-free phone number that connects you to vital resources and services in your community. Professional caseworkers are available to answer questions, provide information, and direct you to the help you need 24 hours a day, seven days a week. The United Way 2-1-1 database can also be searched online at [www.211ct.org](http://www.211ct.org).

### Basic Needs

Name	Address	Phone Number
SNAP application and local office (food stamps)	2081 South Main St, Suite B, Middletown	855-626-6632
ABC Women's Center (diapers and formula)	180 East Main Street, Middletown	(860) 344-9292 (phone) (860) 325-2880 (text)
CAHS – Friendship Center (shelter/food)	294 Arch Street, NB	(860) 225-0211

### Employment

Name	Address	Phone Number
Wheeler Clinic Alternative In the Community -ESG, JD	2 Vance Drive, Middletown CT 06457	860-398-7499 (per referral from Court or Probation only)
Meriden CT Works	85 West Main St #2 , Meriden CT 06451	203-238-3688
American Job Center	272 S Main St, Middletown CT 06457	860-347-7691
Middletown CT Works	645 S Main St, Middletown CT 06457	860-754-5000



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**Food**

Name	Address	Phone Number
SNAP (food stamps/DSS) – Middletown CT	2081 South Main St, Suite B Middletown, CT	855-626-6632
Middletown Dept. of Social Services		860-704-3100 or 1-855-626-6632
Community Renewal Team Resource Center	44 Hamilton Street Middletown CT 06457	860-347-4465 860-346-6813
Town of East Hampton Food Bank	43 W High St East Hampton, CT 06424	860-365-5978
Salvation Army Meriden Corps Community Center	23 St Casimir Drive Meriden CT 06450	203-235-6532
All People Community Outreach Ministry	56 Warwick St, Middletown CT 06457	860-346-0148, 860-301-0299
Amazing Grace Food Pantry	16 Stack St. Middletown CT	860-347-3222
Shiloh Baptist Church Food Pantry	346 Butternut St, Middletown CT	860-346-8296
St. Vincent De Paul Middletown (3 <sup>rd</sup> Saturday of the Month)	617 Main Street, Middletown Ct	860-344-0097
Zion First Baptist Church	16 James A Moses Blvd, Middletown CT	860-347-5074
Portland Food Bank	7 Waverly Ave, Portland CT	860-342-6795
Giving Back Food Pantry Every other Tues, Saturdays 9:30am	1445 West Street, Southington	(860) 276-0400
<u>COVID-19 Resources</u>	<u>Location</u>	<u>Details</u>
Family Meals: Middletown Public Schools 9am-1pm	Middletown Public Schools	Families must remain in their cars unless otherwise directed.
Meals on Wheels. Meals Delivered weekly 10am-1pm	Call 860-560-5848	For home-bound seniors. Available to Hartford, Tolland, and Middlesex County Seniors.



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Updates on resources due to COVID:

- The Middletown Soup Kitchen is offering take out only meals 11-12:30p daily. Dining room is closed
- New food pantry hours: Wednesdays and Fridays from 11am-4:00pm. Will not be open on Mondays and Saturdays. Food will be prepackaged in boxes for shoppers to take home based on family size. At this time, shopping in the pantry building has been suspended

### Shelter

Name	Address	Phone Number
Meriden-Wallingford Chrysalis (Domestic Violence Shelter)		203-238-1501
New Opportunities Now	43 Saint Casimir Drive, Meriden CT	203-634-1734 or 203-237-4020
Red Cross Family Shelter		860-347-8686
The Connection	1 Labella Circle, Middletown CT	860-343-5520
New Horizons		860-344-9599
St. Vincent De Paul	381 Main St (Nov-Dec) 93 Main St (Jan-Feb) 9 Pleasant St (Feb-Mar)	860-344-0097

### Clothing

Name	Address	Phone Number
Lydia's Closet (Hope church)	27 Skinner St, East Hampton CT	860-267-9607 860-692-8606
ABC Women's Center (Maternity, infant, and children's clothing)	180 East Main St, Middletown CT	860-344-9292
All People Community Outreach Team	56 Warwick St, Middletown CT	860-346-0148
Salvation Army	515 Main St. Middletown CT	860-347-7493
Portland Food Bank	71 Waverly Ave, Portland CT	860-342-6795

### Utility Assistance

Name	Address	Phone Number
Community Renewal Team Energy Assistance Program	44 Hamlin St, Middletoqwn	860-347-4465



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NUStart- Middlesex County (Eversource arrearage forgiveness program)	336 Arch Street, NB	800-286-5000
Operation Fuel, Inc.	<a href="http://www.operationfuel.org">www.operationfuel.org</a>	860-243-2345
Department of Social Services	2081 South Main St, Suite B, Middletown	855-626-6632
Meriden New Opportunities		203-639-5060

### Miscellaneous

Name	Address	Phone Number
Middletown Adult Education – <b>CURRENTLY CLOSED</b>	398 Main St, Middletown CT	860-343-6044
Russell Library (Job Development Services) – <b>CURRENTLY CLOSED</b>	123 Broad Street, Middletown CT	860-347-2528
Prudence Crandall Center (Domestic Violence Services)	594 Burritt St, New Britain	860-225-5187 Domestic Violence 24 hr. Hotline 860-225-6357
Veyo (non emergency medical transport for Husky Health members)	Ct.ridewithveyo.com	855-478-7350
State of CT Department of Social Services Benefit Center		1-855-626-6632
Middlesex Young Parents Program, Family Advocacy Program Middlesex Hospital	8 Crescent Street, Middletown CT	860-344-6717

### Spanish Speaking Services

Name	Address	Phone Number
Community Health Center (medical & mental health svcs)	85 Lafayette Street New Britain	860-224-3642
College Street Counseling Center	154 College St, Middletown CT <a href="mailto:info@collegestreetcounseling.com">info@collegestreetcounseling.com</a>	860-347-8894
Catholic Charities MH/SA groups and individual & medication management	151 Broad Street, Middletown CT	860-346-0060



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### Mental Health and Substance Use

Name	Address	Phone Number
River Valley Services Crisis Hotline		860-344-2100
Wheeler Clinic (MH/SA groups and individual & medication management)	Offices in New Britain and Plainville, CT	860-793-3588
CHC Child Guidance Clinic	Middletown CT	860-347-6971
Catholic Charities MH/SA groups and individual & medication management	151 Broad St, Middletown	860-346-0060
Gilead Community Services	222 Main St, Middletown	860-343-5304
Outpatient Mental Health Clinic of Middlesex Hospital		860-358-8760
Middlesex MISA Project	1250 Silver Street, Middletown CT	860-346-0300 ext. 115
River Valley Services	399 Silver Street, Middletown CT	860-262-5200
Change INC	1251 South Main St, Middletown CT	860-346-0771
The Connection	99 Eastern Drive, Middletown CT	860-343-5513

### Healthcare

Name	Address	Phone Number
Community Health Center of Clinton	114 E Main St. Clinton CT	860-664-0787
Community Health Center of Middletown	675 Main St, Middletown CT	860-347-6971
Community Health Center of New Britain	1 Washington Sq. New Britain CT	860-347-6971
Wheeler Clinic Health & Wellness Center	75 North Mountain Road, New Britain	860-224-6300

- Additional Resources for Clients during the COVID-19 Crisis:
  - Information on how to sew fabric masks
  - Information on low-cost phone services
  - Information on internet and phone services
  - Middletown single-parent Facebook group and virtual “meet-ups” information