

A Behavioral Health Home (BHH)

A Behavioral Health Home (BHH) is responsible for the integration and coordination of my overall care (both medical and behavioral health services).

My Team refers to all of the people who work with me in the Behavioral Health Home (BHH) to help me achieve my goals. They are called a team because they are working with me to help me meet my goals and maximize my potential. My care is based on my goals and assessed needs. Each member of My Team is selected based on my preferences, assessed needs, and their skills. My Team and I play an important role in my care.

The following people are part of My Team throughout the course of my care:

My Entire Team

Teaches me ways to make healthy choices and practice good self-care

Clinician

- Provides therapy and guides me as I further my development
- Works with me and others on My Team to create and follow my treatment plan, and to ensure that all of my behavioral health and medical needs are addressed
- Coordinates my behavioral health and medical needs with others on My Team
- Explores additional resources to help with my successes
- Is available to me 24/7 if needed

Primary Care Practitioner

- Provides preventative medical care and treats me when I'm sick
- Helps me manage chronic medical illnesses

Parent/Guardian/Caregiver

- Learn about my needs and different ways to help me
- Act as a mentor, role model, and confidant
 - Encourage me to achieve my treatment and personal goals
 - Provide a safe and structured environment in the home and community

Psychiatric Prescriber

- Discusses my behaviors and areas of concern
- Discusses which medications, if needed, may help me regulate my thoughts, feelings and behaviors and the impact of these medicines on my overall health
- Prescribes medications, answers questions about possible side effects, and checks to see if they are helping



Me

- Participate in my behavioral health and medical treatment by learning and using new skills
- Voice my needs and areas of concern
- Work on my identified goals and objectives