

Your Treatment Team

Your treatment team refers to all of the people who work with you to help you recover. Each member of your treatment team has special skills and a role in your care, including you. They are called a team because they are working with you to help you reach certain goals. You are an important member of your treatment team.

The following professionals may be part of your treatment team based upon your identified needs throughout your course of care.

Clinician

- Partners with you to work on identified problem areas
- Helps you choose and work towards goals
- Talks with you about your diagnosis, symptoms, how to recover and how to avoid relapse

Psychiatric MD / APRN

- Recommends and prescribes medications that will work best for you
- Educates you about your medications, including possible side effects
- Diagnosis and treatment of mental illness

Care Facilitator

- Helps you coordinate your medical and behavioral health treatment
- Provides a bridge to all treatment providers
- Connects you with the services you need

Your Friends & Family

- Wraparound support and system
- Partners with you and your treatment providers

Medical Assistant

- Assists you with scheduling your visits
- Coordinates referrals and additional services

Nurse

- Answers your questions about symptoms and other health problems

Primary Care MD / APRN

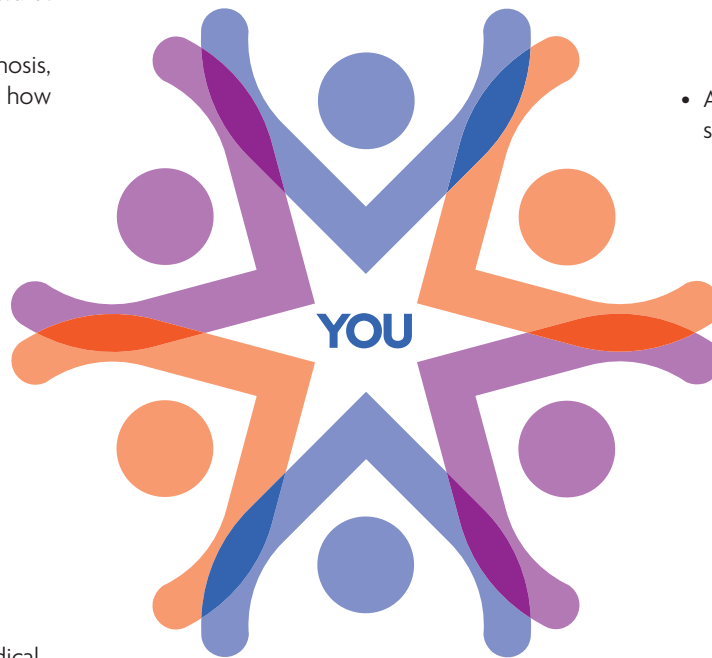
- Provides preventive care, treats you when you're sick, and helps you manage chronic conditions

Dental Hygienist

- Promotes good oral health through cleaning and by identifying other problems

Pharmacist

- Provides education on all things related to your medications



You

Are at the center of treatment

- Provide complete and accurate information about your personal and treatment history
- Define self-goals
- Learn all you can about your illness, how to recover and how to avoid relapse
- Do all you can to work toward and maintain recovery