

Giving From The Heart

SUMMER 2021

INVEST IN IMPACT.

Make More Than a Difference.



- We are hope for the family who has tried so hard to help their son's addiction.
- We are the promise of a healthy baby for a mom who's exhausted from fighting every obstacle, every day.
- We are the teachers who provided the best eight hours a student's ever had in school.
- We are the last shot for his parents, looking for a place that understands him.
- We are the helpers who bought a man a winter coat he didn't have.
- We are the caregivers who offered respect to a woman who felt she lost her way.
- We are family for a young foster son who needs to learn to trust.
- We are the support that comes into living rooms, meeting families where they are, both physically and emotionally.
- We are the only doctor a man's ever met who seamlessly connects him to a nutritionist.
- We are the voice on the phone when a desperate teenager needs it.

We are driven to expand access to care, ensure that it is delivered equitably, and measure the impact of our work in the lives saved and transformed through our services and programs.

In turn, YOUR passion, YOUR vision, and YOUR investment drives us.

In this issue, we'd like to share three areas of priority shaped and identified by our volunteer Board of Trustees in a new visionary strategic plan, based on where we can best serve the needs of everyone we serve, every day.

They also align with where friends like you have told us that we're doing the work that excites you, inspires you, and where you can see how your investment makes a measurable difference.

Your investment in any of these priority areas can help us save even more lives.

In the pages ahead, we invite you to learn about us—**or relearn what you thought you knew**—and help us make a better tomorrow for Connecticut, for generations to come.

We are Wheeler, and we are a philanthropic investment that pays great dividends. Thank you for your commitment to our mission and our work.

To learn more about this work, please contact our Philanthropic Giving Department at [860.793.4214](tel:860.793.4214) or giving@wheelerclinic.org.



COMMUNITY

INVEST IN A MORE JUST TOMORROW AND A BETTER TODAY

Our programs address every axis of the Centers for Disease Control and Prevention's five social determinants of health. Investing in programs and services that address these issues can change lives and improve health and wellness outcomes.

Health Care Access and Quality. Our five Family Health & Wellness Centers are federally qualified health centers, focused on serving the state's most medically underserved and vulnerable populations. An investment in this area keeps Connecticut healthy.

Education Access and Quality. Our Northwest Village School provides state-of-the-art special education and integrated clinical services for students from more than 60 districts across Connecticut. Investments in our students help make a better tomorrow for them, and their families.



Social and Community Context. Our focus on equity, diversity, and systemic injustice informs everything we do. Private investments in LGBTQIA+, racially, and ethnically responsive services means we meet our patients where they are in their lived experiences.

Economic Stability. Investing in our Basic Needs Fund directly supports patients living daily with poverty, unemployment, or food and housing insecurity.

Neighborhood and Built Environment. Many of Wheeler's patients do not have access to healthy groceries, safe places to exercise, or transportation. Private investments can directly address these disparities through our nutrition programming, complementary medicine services, fitness efforts, and much more.



HEALTH

INVEST IN WELLNESS FOR ALL

Keep New Britain Families Healthier

Our new Family Health & Wellness Center at 40 Hart Street in New Britain addresses vital community needs. Wheeler has provided care to the Hardware City since 1991, and this expansion brings a new, fully integrated, expanded continuum of care, including OB-GYN services, pediatrics, and behavioral health for all ages.

Integrated Services for Bristol Individuals, Families

Wheeler's first community health center site in 2013, our Family Health & Wellness Centers in Bristol are planning to consolidate to a new, accessible downtown site (top right) which allows us to expand services such as nutrition and wellness services and meet other unmet primary care and behavioral health needs in the community.

Reduce Social Inequity in Hartford

Our flagship community health center, the Susan Walkama Family Health & Wellness Center, serves the capital city with fully integrated on-site primary and behavioral health care, family dental, complementary medicine, and more. Priorities for growth include expanding our community health workers, Wheeler staff who live and work in the community, connecting residents to services and opportunities that help them live better, healthier lives.



Better Medical Care in Plainville

Wheeler's 91 Northwest Drive location is both our original site since 1972 and our newest community health center, and we are expanding services on-site to offer primary care, addiction treatment, and more. Your investment ensures that our patients, and students at Northwest Village School (located on-site), have convenient access to a full continuum of care.

Total Wellness in Waterbury

Our newly expanded community health center in Waterbury opened amid the pandemic in 2020, quickly recognizing the unmet need in the Brass City, particularly for medically underserved populations and families. Our vision for expanding in Waterbury includes new nutrition programming, chiropractic care, and more.



CARE

INVEST IN OUR STUDENTS IN SCHOOL AND BEYOND

Wheeler's Northwest Village School is a statewide leader in integrating a full continuum of services into a therapeutic day school model for its students and their families. We serve students from dozens of cities and towns across the state who can thrive in a more structured environment than they may be able to receive in their local district. Their needs expand beyond graduation, however, and two areas are dramatically impacted by private investment:



Scholarship support. Investing in scholarships directly helps struggling families afford post-secondary education like trade schools, community colleges, and other career-guiding options.

Technology. Today's students are tomorrow's workforce, and private investments allow us to purchase equipment and technology to prepare our students for the vocational and professional careers of the future.

IN OUR COMMUNITY: "WALK WITH ME" LAUNCHED



Walk With Me, a specialized outpatient treatment track for LGBTQ+-identifying young people, ages 10-25, has launched, offering therapeutic, medical, and peer support to address patients' unique and specific needs.

The service track was funded through an anonymous \$100,000 gift to Wheeler in March, and is available at Wheeler's community health centers in Plainville and Hartford.

"Because of the visionary support of our donor, we were able to create Walk With Me and provide a safe space for all our patients with gender-affirming and trauma-informed approaches," says Sabrina Trocchi, PhD, MPA, president and chief executive officer of Wheeler.



Walk With Me utilizes individual, family, and group outpatient therapy, as well as psychiatry, medical services, and peer support, along with educational components, to meet transgender and gender nonbinary youth and young adults where they are—and

support them on their journey toward living healthy, authentic lives.

WheelerHealth.org/WalkwithMe

2021-2022 Annual Fund

YOUR support, YOUR commitment,
YOUR vision *can change,*
and literally save, lives.

Yes! I want to support:

- ☐ Basic Needs Fund \$ _____
- ☐ Scholarships (Northwest Village School) \$ _____
- ☐ Pediatrics in New Britain \$ _____
- ☐ Where my gift is needed most \$ _____
- ☐ Other: _____ \$ _____

Enclosed is my total gift of \$ _____

☐ Check Enclosed
(Please make payable to Wheeler)

Please charge my donation to:

☐ Visa ☐ Mastercard ☐ Discover ☐ AmEx

Name _____

Account Number _____

Exp. Date _____

Security Code _____

Signature _____

☐ My gift is in memory of: _____

☐ My gift is in honor of: _____

Please notify: _____

☐ My employer will match my contribution.

I have enclosed a matching gift form.

☐ I am interested in Planned Giving.

Please mail using the enclosed envelope, or use this QR code on your phone to invest now in Wheeler.



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REAL NEEDS. REAL RESULTS.

Since 2018, we have supported more than 5,500 patients and families with immediate, responsive help to meet basic needs.

Consider making an investment to our Basic Needs Fund. You can literally change and save lives as a result; one patient in recovery needed boots to start a construction job, but couldn't afford them. We provided him boots so he could start.

WheelerHealth.org/BasicNeeds



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