

#### COMMUNITY | HEALTH | CARE

## Health, Recovery, and Growth at All Stages of Life



#### HEALTH

# Wheeler & Wellness Center

Bristol • Hartford • New Britain • Plainville • Waterbury

**Primary Care** available for all ages, by a team of providers who focus on total health, giving you the information to make the best decisions for YOU.

Full Family Dental, including "no-drill" dentistry.

**Behavioral Health Services** for depression, anxiety, anger, grief, child and adolescent issues, and more.

**Treatment for Addiction**, including medication-assisted treatment for alcohol and opioid use, tobacco cessation, outpatient services, and recovery supports.

Women's Health Services, including gynecological exams, pre- and post-natal care, birth control, STD testing, and more.

LGBTQIA-Responsive Services, including Pre- and Post-Exposure Prophylaxis Prescriptions, gender-affirming hormone therapy, and more.

**Complementary Medicine,** including chiropractic care, yoga, mindfulness, zumba, and acupuncture for addiction treatment.

**Community Health Workers** who serve their local neighborhood and cities by connecting to services that improve health and wellness like doctors, SNAP benefits, and Medicaid.

**Care Management and HIV/AIDS Medical Case Management** helps individuals overcome barriers to care and improves health care linkages.

Nutrition Services help ensure wellness and reduce chronic disease.

#### RECOVERY

**Mental Health Outpatient Services** for children, families, and adults. Treats depression, anxiety, behavior problems, couples' difficulties, school and work difficulties, and severe mental illness.

**Substance Use Disorder Outpatient Treatment** provides individual and group interventions of varying intensity and duration, as well as medication-assisted treatment and peer recovery supports.

**Specialized Behavioral Health Treatment Services** for consumers with special needs, family violence, sexual abuse, anger management, problem gambling, and more.

**Crisis Intervention** sends teams into homes, schools, and other community settings to help individuals, including children, who are experiencing behavioral health emergencies, as well as crisis stabilization homes for adolescents.

**Intensive Home-Based Services** for children, adolescents, and families with psychiatric and substance use disorder diagnoses. These programs are based on nationally recognized, evidence-based treatment models.

**Court-Mandated and Court Diversion Education Programs** for individuals arrested for driving-while-intoxicated (DWI); court-required parenting education for divorcing couples; and intervention and risk reduction programs for individuals who are pre-trial, on probation, or parole.

**Connecticut Center for Prevention, Wellness, & Recovery** is the state's most comprehensive resource for behavioral health information and a leading provider of professional training and development opportunities, prevention, and health promotion services statewide.

91 Northwest Drive, Plainville, CT 888.793.3500 • WheelerHealth.org

#### GROWTH

Therapeutic Foster Care Programs license families who welcome children who cannot live with their own families, providing extra supports for the placement of children with special behavioral health or medical needs.

**Early Childhood Services** like Child First and Parent Connections, provide a continuum of support that engages young children and their families in the vital first few years of life, ensuring children can learn and grow, promoting wellness and supporting developmental success.

**Education Services.** Northwest Village School offers innovative learning environments for children and teenagers with serious behavior challenges. Wheeler also offers flexible and comprehensive in-district solutions for school systems and families.

Multidisciplinary Evaluation Services that foster collaborative relationships with schools, community providers, and families dealing with autism spectrum disorder and complex psychiatric, behavioral, cognitive, social, emotional, and/or educational situations.

24-Hour, Homelike Congregate Care in a variety of settings for children who cannot live with their own families but need other resources or to stay connected to their parents and communities while they work out their problems. Wheeler also provides short-term crisis stabilization placement for youth who need immediate intervention and help during an emotional or behavioral crisis.

**Prevention and Education Programs** to reduce substance use disorder, violence, bullying, and child abuse, which promote child development, wellness, successful parenting, and positive youth development.

**Employee Assistance Programs** serve employers who contract with Wheeler for consultation, training, and counseling for employees whose personal problems interfere with job performance.

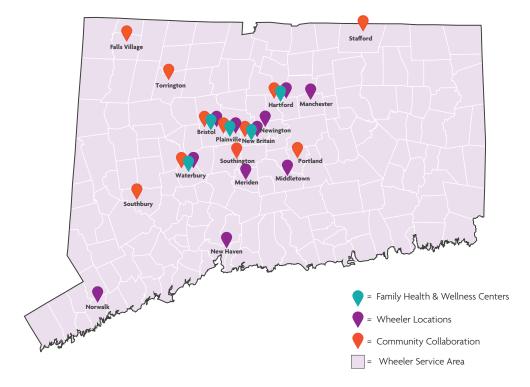
#### **Our Mission**

Wheeler provides equitable access to innovative care that improves health, recovery, and growth at all stages of life.

#### **Our Vision**

All people will have the opportunity to grow, change, and live healthier, productive lives.

#### **Serving Communities Across Connecticut**



# \* Wheeler

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Find the help you need today by contacting us at:

## 888.793.3500

#### WheelerHealth.org



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