

May 2020
MENTAL HEALTH AWARENESS MONTH AND FOSTER CARE MONTH

## Wheeler's Health Spotlight 8



#### National Mental Health Awareness Month

May is National Mental Health Awareness Month. Now, more than ever, as we continue to navigate the COVID-19 crisis, individuals, families, and communities must consider ways to strengthen and maintain positive mental health and overall well-being. According to the Anxiety and Depression Association of America, nearly 450 million people worldwide are currently living with a mental illness, yet nearly two thirds of people with a known mental illness never seek treatment.



Wheeler offers an array of mental health outpatient services to address your behavioral health issues and the needs of your loved ones. <u>Telehealth and telemedicine</u> services are offered for safety and convenience, providing access to individual and family therapy, medical, psychiatry, addiction services, and more.

Call Wheeler's Navigation Center at 888.793.3500 to learn more, or to access services.

[Click here for COVID-19-related information from Wheeler]

#### Resources

Anxiety and Depression Association of America
Connecticut Department of Children and Families
Connecticut Department of Mental Health and Addiction Services
Mental Health Connecticut
NAMI CT

#### **National Foster Care Month**

May is National Foster Care Month, an opportunity to consider the more than 4,000 youth in foster care in Connecticut, and the hundreds more still in need of loving homes. [Learn more about Wheeler Foster Care programs <a href="https://example.com/heeler-poster-programs">here</a>]



**Support for Families** 

During this challenging time, Wheeler's Foster Care team is delivering innovative care online to strengthen bonds and encourage family engagement at home.

[Learn more here]



All Are Welcome

Allison Casinghino, senior foster care recruiter for Wheeler, highlights the critical role of LGBTQ+ foster parents and why more families are needed.

[Watch the video here]

#### **News You May Have Missed**

#### Community Health Center Opens at 855 Lakewood Road, Waterbury

Residents of Waterbury and surrounding communities now have access to an expanded array of primary care and behavioral health services with the opening of Wheeler's new Waterbury Family



<u>Health & Wellness Center at 855 Lakewood Road</u>. This community health center moved from 100 Jefferson Square and opened on May 11 at the new location.

An expanded array of primary care and behavioral health services, including medication-assisted treatment for addiction, is offered through walk-in, appointments, and telehealth and telemedicine services. On-site Genoa Healthcare Pharmacy and Quest Diagnostics services are coming soon. Thanks in part to a grant from the American Savings Foundation, NARCAN®, a medication that reverses overdoses, is available free to patients and families who do not otherwise have access to it.

Take a video walkthrough with Wheeler President and CEO, Sabrina Trocchi, PhD, MPA, and check out some panoramic images. [Click here]

# Wheeler, in Virtual Classrooms and Communities



Nine baby chicks were born into Wheeler's Northwest Village School (NVS) community recently, part of an online exploration of the natural world with 2nd, 3rd, and 6th grade students. Read more about how teachers at NVS are making connections with students during this extraordinary time.

Wheeler President and EO, Sabrina Trocchi, Ph MPA, appeared on the

Wheeler President and CEO, Sabrina Trocchi, PhD, MPA, appeared on the award-winning 'For the People' radio program on May 24, to talk about Wheeler's new Family Health & Wellness Center in Waterbury and Wheeler's response to the COVID-19 pandemic.

[Click <u>here</u> to access the interview]



Recently, Wheeler's Vice President of Nursing, Tina Loarte-Rodriguez, gave a virtual presentation to members of the Faith Seventh-Day Adventist Church, Hartford, about hypertension symptoms and treatment. The program was presented by Access Health CT.

[Watch the recorded Facebook Live video here]

[Click here]

### 35th Annual Golf Classic Rescheduled for September 16, 2020

Same great event. Same venue. Different date. Wheeler's 35th Annual Golf Classic, presented by Mutual of America Financial Group, is rescheduled to Wednesday, September 16, 2020 at the Country Club of Farmington.



Your participation and/or sponsorship in our only fundraiser of 2020 will support Wheeler's Basic Needs Fund, which serves the individuals and families in our care by addressing a range of environmental and social factors that interfere with a patient's health and well-being, but are not addressed by other means of funding.

Special thanks to this year's early bird sponsors, including Presenting Sponsor, Mutual of America Financial Group; Platinum Dinner Sponsor, People's United Bank; Platinum Logo Sponsor, the Manafort Family Foundation; Golf Cart Sponsor, Loureiro; Lunch Sponsor, Gibbs; Champion's Circle, Barnes Group, Inc., and Laurie and Bill Torres; Beverage Cart Sponsor, GO; Hole-in-One Sponsor, Land Rover of Hartford; and Grand Prize Sponsor, Sanditz Travel Management. [More here]









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Real People, Real Ideas, Real Expertise

Funding for the Wheeler Family Health & Wellness Center is provided by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA). Improvements to the Family Health & Wellness Center in Hartford are supported in part by the State of Connecticut Nonprofit Grant Program, the Connecticut Health & Educational Facilities Authority, the Maximilian E. and Marion O. Hoffman Foundation, and the Ensworth Charitable Foundation. Additional support is provided by Delta Dental of New Jersey Foundation. Added support for the Family Health & Wellness Center in Bristol is provided by the United Way of West Central Connecticut. Wheeler is a Health Center Program grantee under 42 U.S.C. 254b and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n).

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