



Wheeler

Innovative Care. Positive Change.

AUGUST 2019
NATIONAL IMMUNIZATION AWARENESS MONTH

Wheeler's Health Spotlight



AUGUST IS IMMUNIZATION AWARENESS MONTH

August is **National Immunization Awareness Month**, an observance designed to remind people about the importance of getting vaccinated at every stage of life. According to the Centers for Disease Control and Prevention, there are 14 [vaccine-preventable diseases](#) from which you can protect your child before the age of two, and several for [adults](#), especially as they age. You can protect yourself and your family against serious conditions such as whooping cough, cancers caused by HPV, shingles, pneumonia, and more by getting recommended vaccines.

Wheeler's [Family Health & Wellness Centers](#) in Bristol, New Britain, Hartford, and Waterbury offer vaccines and/or links to resources in the community to ensure you are up to date on recommended immunizations. Talk to your doctor, nurse, or other health care professional to ensure that you, your child, and your family are up to

date or have a plan for vaccines.

Also, as your children head back to school, make sure vaccinations are at the top of your checklist. August is also a key time to make sure you are up to date on all the vaccines you need to stay healthy. Use CDC's adult vaccine assessment tool to see which [vaccines](#) might be right for you.

Connecticut Resources

[Connecticut Children's Medical Center](#)

[Connecticut Immunization Coalition](#)

[Connecticut State Department of Public Health](#)

National Resources

[Centers for Disease Control and Prevention](#)

[National Foundation for Infectious Diseases](#)

[U.S. Department of Health and Human Services Office of Disease Prevention and Health Promotion](#)

A Peachy Dessert



Add this light, delicious peach cobbler to your list of healthy summer desserts. Click [here](#).

Source: [The Washington Post](#)

NEWS YOU MAY HAVE MISSED

Wheeler Opens New Community Health Center Location in Waterbury

Saint Mary's Hospital, a Regional Health Ministry of Trinity Health of New England, has received approval from the State Office of Health Strategy to transition its outpatient behavioral health clinic to Wheeler Clinic, which is establishing a new [Family Health & Wellness Center](#) in Waterbury. The transition is expected to be complete by September 2019. This community health center will be Wheeler's fourth, with other locations in Bristol, Hartford, and New Britain. [[Read more here.](#)]



National Health Center Week Celebration, August 7

More than 150 people attended a

National Health Center Week Celebration at the **Wheeler Family Health & Wellness Center** at 43 Woodland Street, Hartford. The event, supported in part by the National Association of Community Health Centers, featured information about our nutrition program and healthy vegetable recipes, tours of our community health center, activities for children, Zumba and cooking demonstrations, free food from Scotts' Jamaican Bakery, health and wellness resources, and more.

Special thanks to all event participants, including our Farmington-based Mott Corporation Health Ambassadors!

[\[Read more here.\]](#)



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