

Positive Change

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Enhancing, Expanding Services Across the State

Wheeler recently received three grants, totaling \$4.3 million, from the Substance Abuse and Mental Health Services Administration (SAMHSA) to expand and enhance mental health and addiction services for adults, children, and families.

Care for Infant and Children's Mental Health Supported by Federal Grant, One of Ten Awarded Nationally

Families in Hartford whose infants and children have experienced trauma, are at risk for, show early signs of, or have been diagnosed with a mental illness or Neonatal Abstinence Syndrome (NAS) have access to new services and support, thanks to a five-year, \$2.5-million federal grant to Wheeler, one of ten awarded nationally.



Read more [here](#).

Improving Access to Medication-Assisted Treatment, Peer Recovery Support in New Britain

A three-year, \$1.5-million grant supports adults who live in New Britain, or are returning to the area following incarceration, by providing additional medication-assisted treatment for addiction as well as care coordination, outreach, and peer recovery supports at Wheeler's Family Health & Wellness Center.



Read more [here](#).



Public Safety Professionals Trained in Mental Health First Aid

Helping first responders and others address a mental health emergency is the aim of a new three-year, \$375,000 federal grant, which supports Mental Health First Aid trainings for

Read more [here](#).



“No-Drill” Dentistry Services Available to Individuals, Families

A new, non-surgical alternative to the conventional “drill-and-fill” dentistry is available at Wheeler’s Family Health & Wellness Center in Hartford. This service involves the application of silver diamine fluoride brushed on cavities to stop the progression of cavities or prevent them. Read more [here](#).



Pain Management Services at Family Health & Wellness Center

Patients with chronic pain have access to new alternative and complementary medicine approaches at Wheeler’s Family Health & Wellness Center in Hartford, including mindfulness and meditation, yoga, chiropractic services, and exercise, as well as acupuncture for treating addiction. More [here](#).



In-District Program Provides Support to Portland Students

A new in-district Collaborative Learning Program in the Portland schools, launched in August, provides clinical and special education services to high-risk students with serious mental health and behavioral challenges who struggle to succeed in traditional academic settings. Read more [here](#).

Positive News. Positive Change.

Community Foundation of Greater New Britain Grant Supports Nutrition Wellness Program

Wheeler patients in New Britain will have access to nutritional education and additional supports through a new \$15,000 grant from the A. W. Stanley Discretionary Fund at the Community Foundation of Greater New Britain. Read more [here](#).



Wheeler Celebrates 50 Years, Raises More Than \$145,000 for Services

Nearly 250 donors, friends, and leaders from throughout Wheeler’s history celebrated its 50th anniversary on September 29 and helped raise more than \$145,000 for services, a record for fundraising events at the organization. Read more [here](#).



Enjoy photos from this event [here](#).

50 Years, 50 Stories: Read [stories about those individuals](#) who helped us grow and evolve since 1968!

Fall Festival in Hartford

The Wheeler Family Health & Wellness Center at 43 Woodland Street, Hartford, hosted a Fall Festival on October 3 for the public to learn more about Wheeler's continuum of integrated primary and behavioral health care. More than 150 attendees enjoyed activities for the kids, face and pumpkin painting, food, and health screenings. Read more [here](#).



Wheeler Health Spotlight: Depression



October 11 is National Depression Screening Day

Everyone occasionally has bouts of sadness, but these feelings are usually fleeting. When an individual has a depressive disorder, it interferes with daily life and normal functioning. It is a common but serious illness. Despite the high prevalence of mental health and substance use

problems, too many Americans go without treatment—in part because their disorders go undiagnosed. Regular screenings in primary care and other settings enables earlier identification of mental health and substance use disorders, which translates into earlier care and better outcomes. Screenings should be provided to people of all ages, even the young and the elderly. The Connecticut Clearinghouse has a wide variety of materials and resources to inform and educate on the subject of depression and mental health screening. Learn more [here](#).

Wheeler Clinic | 860.793.3500 | WheelerClinic.org

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