



# Extended Day Treatment Programs (EDT)

The Extended Day Treatment (EDT) program helps youth and families establish more positive ways of interacting and provides an opportunity for youth to remain at home in the community, significantly reducing the potential for out-of-home placements. The EDT program provides intensive therapeutic afterschool services for youth, ages 6 to 17, and their families. The program operates five days a week, 52 weeks of the year, and is open during school vacations.

The program provides group, individual, family and multi-family therapy, psychiatric evaluation and medicine management in a structured therapeutic setting. The program utilizes evidence-based treatment models, including Dialectical Behavior Therapy (DBT), Project Joy, and recreational therapy. The average length of stay is six months, and our unique approach ensures each youth receives services tailored to fit individual needs and the needs of their family. Our multidisciplinary team of professionals includes Masters-level clinicians, case managers, psychiatrists and an APRN.

## OUR OUTCOMES:

- Youth experience improved school attendance and functioning.
- EDT helps youth remain in their communities and helps prevent out-of-home placements.
- Youth experience a decrease in emergency department utilization and hospitalization.
- Parents report high levels of satisfaction with service received by the program, based on client surveys.

## EXTENDED DAY SERVES YOUTH AND THEIR FAMILIES IN:

For Adolescents age 12-17:

Avon, Berlin, Bristol, Burlington, Canton, Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, East Lyme, Farmington, Guilford, Haddam, Killingworth, Lyme, Madison, Meriden, Middlefield, Middletown, New Britain, Newington, Old Lyme, Old Saybrook, Plainville, Plymouth, Portland, Rocky Hill, Simsbury, Southington, Wallingford, Westbrook and Wethersfield

For Children age 6-12:

Avon, Bristol, Burlington, Canton, Farmington, New Britain, Newington, Plainville, Plymouth, Simsbury, Southington

Fax referrals for the Plainville location can be sent to 860.793.4740 or call 860.793.3848.

Fax referrals for the Middletown location can be sent to 860.632.3230 or call 860.632.3231.

## Locations and Hours

Children's Extended Day, Ages 6-12  
Adolescent Extended Day, Ages 12-17  
91 Northwest Drive, Plainville  
Monday - Friday  
Children's 2:00 - 5:15 pm  
Adolescent 2:00 - 5:15 pm

Adolescent Extended Day  
20 Tuttle Place, Middletown  
Monday - Friday 2:00 - 5:15 pm

## Referral Sources

Parents, public schools, Department of Children and Families, juvenile court, local systems of care and other service providers

## Payment Options

In many circumstances, Medicaid, private insurance or third-party payer covers service costs.

## Transportation

Offered on a limited basis

## Funding Source

Programs supported in part by Connecticut Department of Children and Families and the United Way of West Central Connecticut

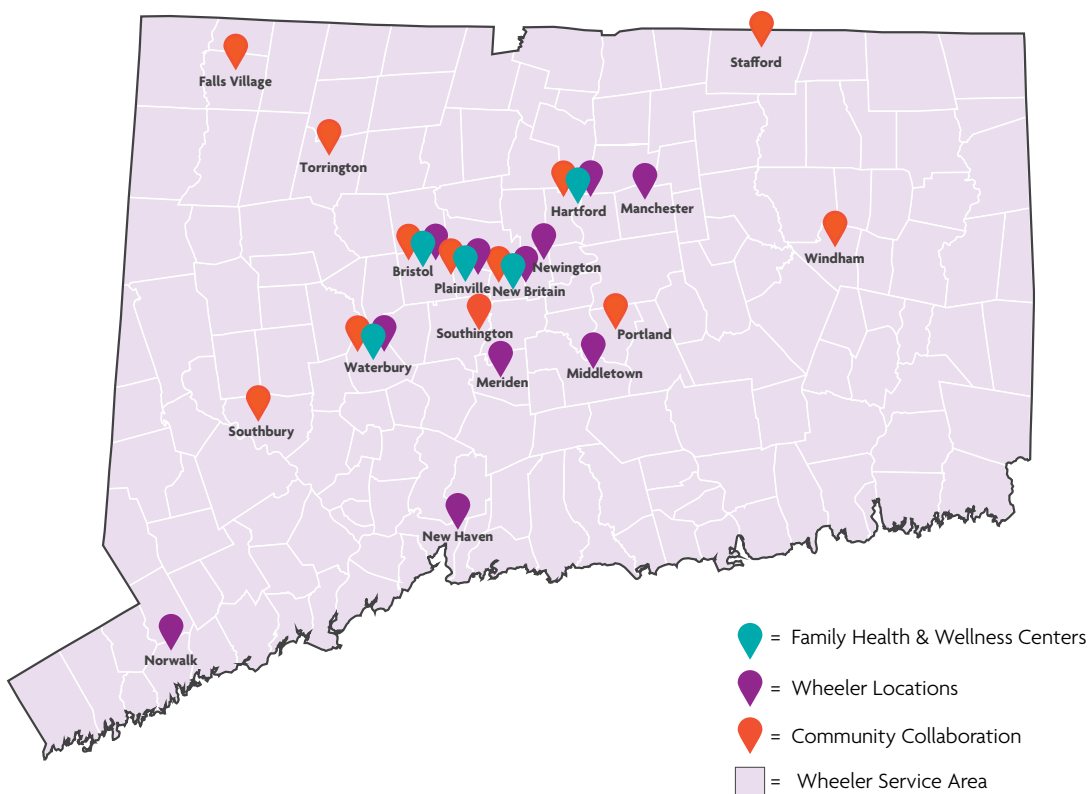
## ABOUT WHEELER

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages health, recovery, and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 50,000 individuals across Connecticut each year.

## WHEELER'S CENTERS OF EXCELLENCE

- Driven by cutting-edge clinical innovation and use of evidence-based practices;
- Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals' strengths to foster resiliency and recovery;
- World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
- Partners with youth and families in yielding excellent outcomes and high client satisfaction.

## SERVING OUR COMMUNITIES ACROSS CONNECTICUT:



For more information about Wheeler Health, please call 888.793.3500 or visit [WheelerHealth.org](http://WheelerHealth.org)

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.



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