Multisystemic Therapy

SERVING YOUTH IN THEIR COMMUNITIES.

Multisystemic Therapy (MST) is a unique treatment program designed to serve youth ages 12-18, in their community. MST is the only family-focused, community-based treatment program that has been the focus of several major research studies and cited for clinical effectiveness. The program serves youth with complex emotional, social and academic needs, including chronic, violent, delinquent behavior and serious emotional issues; truancy; disrespect and disobedience; aggressive and criminal behavior; drug and alcohol problems; and running away.

- MST therapists are available 24 hours a day, seven days a week
- Services are provided in the home, school, neighborhood and community
- Length of treatment averages three to five months
- Intensive treatment includes multiple contacts with family and other participants every week

OUR OUTCOMES

- Wheeler Clinic’s MST programs exceed established Connecticut benchmarks for helping youth avoid re-arrest.
- Wheeler Clinic’s MST programs continue to exceed benchmarks in clinician model fidelity.

WE SERVE ADOLESCENTS AND THEIR FAMILIES IN:


Youth and families are typically referred to this program either by the court or the Connecticut Department of Children and Families. For information, call 860.803.4195 (Manchester/Hartford/New Britain), 860.490.8872 (Bridgeport/Norwalk/Stamford) or 475.222.6022 (Waterbury/New Haven).

Locations

999 Asylum Street
Hartford, CT 06105

142 East Avenue
Norwalk, CT

458 Grand Avenue
New Haven, CT

74 East Street
Plainville, CT 06062

326 Highland Avenue
Waterbury, CT 06708

Main Office/Mailing Address
91 Northwest Drive
Plainville, CT 06062

Funding Sources

Connecticut Department of Children and Families, State of Connecticut Judicial Branch, Court Support Services Division
ABOUT WHEELER CLINIC

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages recovery, health and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 30,000 individuals across Connecticut each year.

WHEELER’S CENTERS OF EXCELLENCE

• Driven by cutting-edge clinical innovation and use of evidence-based practices;
• Offers easy access to a comprehensive array of treatment and recovery support services that are culturally, gender, and age-responsive, trauma-informed, and build on individuals’ strengths to foster resiliency and recovery;
• World-class customer care is provided in an integrated, coordinated fashion, ensuring continuity of care; and
• Partners with youth and families in yielding excellent outcomes and high client satisfaction.

SERVING OUR COMMUNITIES ACROSS CONNECTICUT:

For more information about Wheeler Clinic, please call 888.793.3500 or visit WheelerClinic.org

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut State Department of Education, accredited by The Joint Commission.