



**TRUST** is a program for youth between 7 and 12 years of age who are concerned about someone else's substance abuse.



**TRUST** is designed to inspire youth through a variety of activities where having fun is the most important thing.



You can meet kids just like yourself and have fun playing games, building skills and improving self esteem. TRUST is where you can be you!



Alternative activity groups offer fun and excitement. Every group offers something for everyone.



Alternative activities are being offered now throughout Central Connecticut, so join TRUST and come have some real fun.

Activities may include:

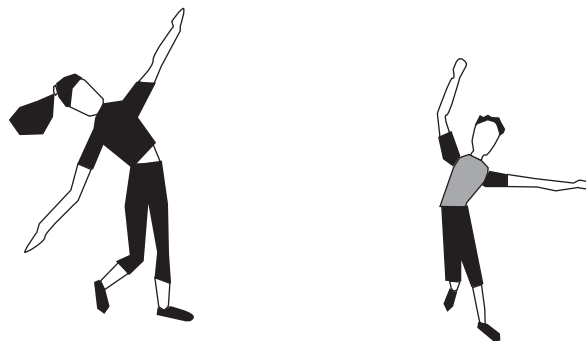
**Sports:** Indoor Baseball, Hockey, Races, Volleyball, Basketball and others.

Sports games are great confidence builders and encourage cooperation and teamwork as well as competitiveness.



**Arts and Crafts:** Drawing, painting and artistic expression in a variety of ways.

Arts and crafts inspire and encourage creative thinking and expression of ideas, thoughts and feelings.



Indoor Games and Challenge Activities are offered.

Special activities allow kids to be exposed to many new and exciting things and are great for self discovery and learning new challenges.

Educational and support groups are available in several areas for kids who are concerned with someone else's substance abuse.



For more information contact:

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TRUST Groups are offered in:

Bristol

East Hartford

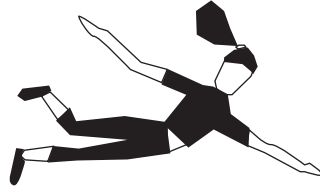
Hartford

New Britain

Plainville

Plymouth

Southington



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Teaching • Reaching • Understanding & Supporting Together