

# Multisystemic Therapy

Serving youth in their communities.

## About Our Multisystemic Therapy Program:

---

Multisystemic Therapy (MST) is a unique treatment program designed to serve youth ages 12 -18, in their community. MST is the only family-focused, community-based treatment program that has been the focus of several major research studies and cited for clinical effectiveness. The program serves youth with complex emotional, social and academic needs, including chronic, violent, delinquent behavior and serious emotional issues; truancy; disrespect and disobedience; aggressive and criminal behavior; drug and alcohol problems; and running away.

- MST therapists are available 24 hours a day, seven days a week
- Services are provided in the home, school, neighborhood and community
- Length of treatment averages three to five months
- Intensive treatment includes multiple contacts with family and other participants every week

## Our outcomes:

---

- Wheeler Clinic's MST programs exceed established Connecticut benchmarks for helping youth avoid re-arrest.
- Wheeler Clinic's MST programs continue to meet benchmarks in clinician model fidelity.

## We serve adolescents and their families in:

---

Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, Southington, South Windsor, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, and Windsor Locks

## The Starting Point

Youth and families are typically referred to this program either by the court or the Connecticut Department of Children and Families. For information, call 860.559.7367.

## Locations

103 Woodland Street  
Hartford, CT 06103

74 East Street  
Plainville, CT 06062

## Main Office/Mailing Address

91 Northwest Drive  
Plainville, CT 06062

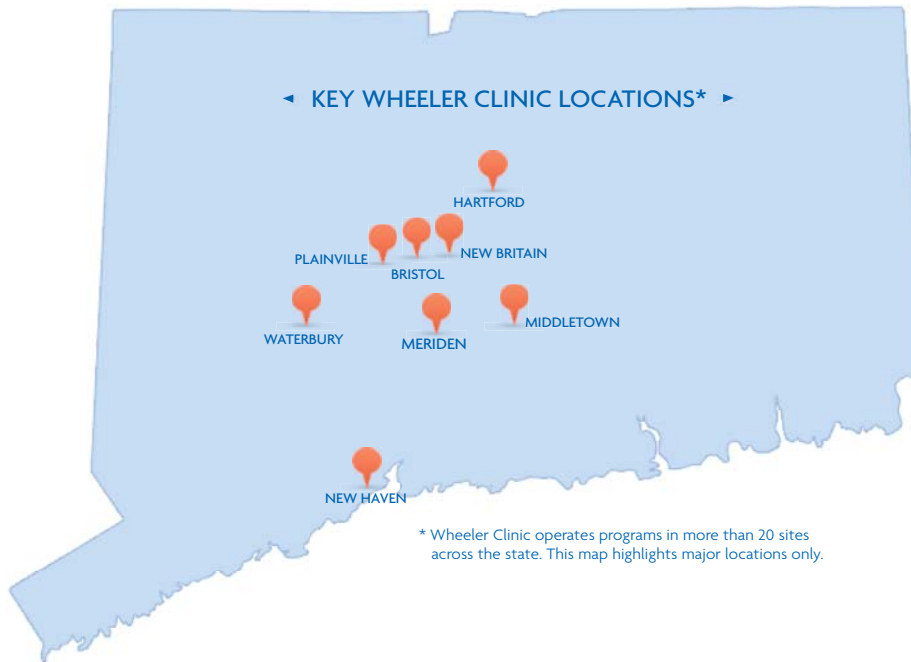
## Funding Sources

Connecticut Department of Children and Families, State of Connecticut Judicial Branch, Court Support Services Division



Visit [www.wheelerclinic.org](http://www.wheelerclinic.org)

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut Department of Education, accredited by The Joint Commission.



Wheeler

WHEELER CLINIC  
Fostering positive change.

Visit [www.wheelerclinic.org](http://www.wheelerclinic.org)

Licensed or approved by the Connecticut Department of Children and Families, the Connecticut Department of Public Health and the Connecticut Department of Education, accredited by The Joint Commission.