

Family-Based Recovery

Providing support for parents and children.

About Family Based Recovery:

Family-Based Recovery (FBR) is an integrated, intensive in-home family substance abuse recovery program for parents with substance abuse histories who have children under the age of 3. The goal of the program is to break the cycle of addiction and provide support to help parents achieve and maintain parental substance abuse recovery. The program also focuses on parent-child attachment and helps parents build the knowledge and skills that promote the child's well-being and safety. Treatment typically lasts between 12 and 18 months.

Our program:

- Helps the parent become drug-free
- Helps parents build skills that:
 - Promote a nurturing environment
 - Promote optimum development
 - Foster healthy attachment

Our outcomes:

- Parents achieve **significant reduction in substance use** while in the program
- Caregivers in Wheeler Clinic's Family-Based Recovery demonstrated **significant increases in postpartum bonding** with their infants
- Caregivers demonstrate **significant reduction in parental stress** as measured by the Parenting Stress Index

We serve adults and their families in:

Beacon Falls, Cheshire, Middlebury, Naugatuck, Oxford, Prospect, Southbury, Waterbury, Wolcott and Woodbury

The Starting Point

Families are referred to this program by the Connecticut Department of Children and Families.

For more information or to make an appointment, call 203.755.4490.

Location

50 Brookside Road
Waterbury, CT 06808

Main Office/Mailing Address
91 Northwest Drive
Plainville, CT 06062

Funding Source

State of Connecticut Judicial
Branch, Court Support
Services Division

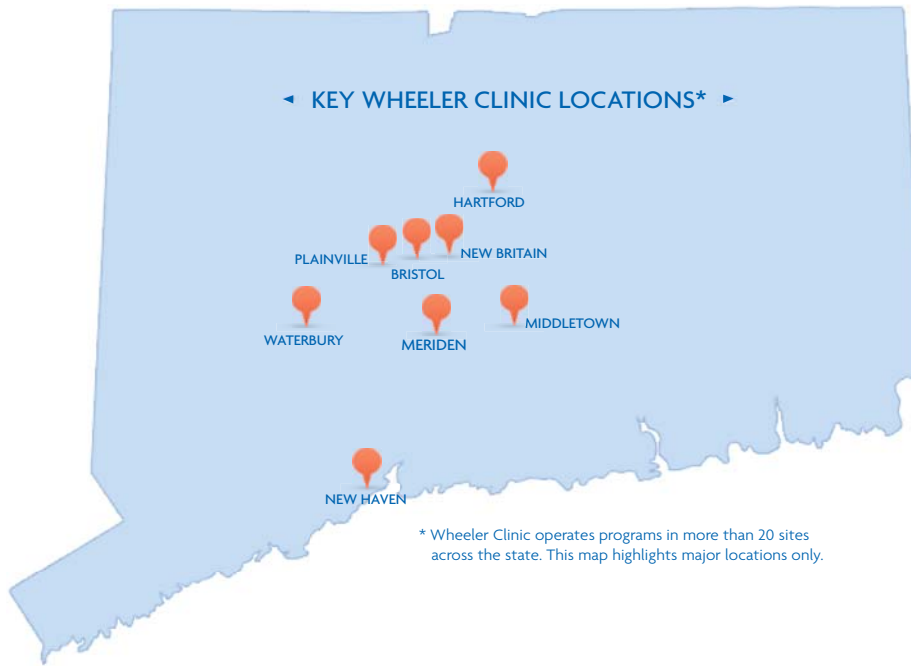


Wheeler

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